



“..the ideal route and destination for a race and as an introduction to blue water sailing”

**ORGANISED BY ROYAL CAPE YACHT CLUB
in association with
ST HELENA TOURISM & ST HELENA YACHT CLUB**

SAILING INSTRUCTIONS DATED 5 DECEMBER 2018

Race Committee:

John Levin	-	Race Chairman
Hilary Ackermann	-	Race Secretary
Andrew Collins	-	RCYC, Rear Commodore Sailing
Tony Mainprize	-	RCYC, Club Manager
Boet Koopmans	-	RCYC, Marina Manager
David Elcock	-	Safety
Dale Kushner	-	Offshore Advice
Hannah Hearne	-	St Helena Race Representative
Andrew Collins	-	Race Officer

Protest Committee:

David Hudson	-	Chairman
Luke Scott		
David Booth		
Hannah Heame	-	Protest Secretary

**CAPE TOWN
& WESTERN CAPE**
marketed by WESGRO

1. Rules

The race will be governed by the rules as set out in item 6 of the Notice of Race. These Sailing Instructions must be read in conjunction with the Notice of Race. In the event of a conflict, these Sailing Instructions take precedence.

2. Times

All times stated in these Sailing Instructions are South African Standard Time (SAST) (it being recorded that St Helena operates on Universal Time (SAST minus 2 hours)).

3. Pre-Race Briefing

There will be pre-race briefing at RCYC on Monday, 24 December 2018 at 12:00. Attendance by either the skipper or navigator is compulsory.

4. Final Clearance

A boat will not be qualified to start unless in possession of a Final Clearance Certificate signed by the Race Secretary or her nominee, which may be collected, subject to all requirements having been complied with, at any time as from 18 December 2018 and before 11:30 on 24 December 2018.

5. Amendment of Sailing Instructions

5.1. Amendments to the Sailing Instructions may be made by the Race Committee up to 4 (four) hours before the start on 26 December 2018. If any changes are made subsequent to the Pre-Race Briefing, flag L will be hoisted on the RCYC flagstaff to indicate that a late change has been posted on the Official Notice Board.

5.2. Skippers are responsible for acquainting themselves with details of any amendments posted on the Official Notice Board.

6. Trackers

6.1. The Race Committee will issue all boats with a tracker which must be kept on at all times during the race. Failure to do so will result in a penalty being applied.

6.2. Should the tracker fail this shall be reported promptly to the Race Committee, and the boat shall thereafter report her position more frequently as instructed.

6.3. Trackers together with their operating instructions will be available for collection from the Race Secretary by 18 December 2018. The self-test referred to in the Instructions must be completed by no later than 11:30 on 24 December 2018.

7. Starting Time

The scheduled starting time for all boats is 14:00 on Wednesday, 26 December 2018.

8. Classes

8.1. There will be 2 fleets, namely:

8.1.1. a monohull fleet; and

8.1.2. a multihull fleet.

8.2. Each fleet will comprise of a single class.

9. Starting Line

The starting line will be between a staff displaying an orange flag on the Committee Boat (stationed in Table Bay) at the starboard end and the course side of the port-end starting mark.

10. Recalls

The Race Officer will attempt to inform premature starters on VHF radio Channel 06 but failure to do so will not be grounds for redress.

11. Yachts arriving late at the start

Any boat wishing to start later than 10 minutes after the start may only do so by special arrangement with the Race Committee.

12. Position reporting

12.1. Each boat is to report its position as at 10:00 every day with effect from 27 December 2018, by telephoning the RCYC Sailing Administrator, Kerry Pryde or her nominee, on telephone number +2764 652 6316.

12.2. Boats are welcome to telephone Kerry Pryde, or her nominee, on the aforesaid number every day with effect from 27 December 2018 between 15:00 and 16:00 to obtain that day's results.

12.3. Failure to report a boat's position daily will result in a penalty.

13. Finish Line

13.1. The finishing line is a line of transit extending seawards from a position at 15°54.810'S and 005°43.213'W through a position at 15°54.308'S and 005°43.375'W.

13.2. The finish line must be crossed leaving St Helena Island to port, inside of the 50 metre line.

13.3. Attached, marked A, is an extract from an email dated 20 June 2018 from David Caswill, the St Helena Harbour Master, containing information relating to the position of the mooring fields and directions for avoiding them, as also other useful information regarding clearing into St Helena.

14. Finishing Procedure

14.1. Each boat must, when nearing the end of the race adopt the following procedure:

14.1.1. Call St Helena Radio on Channel 16 when 10 miles off Waypoint No. 1 (Waypoint No.1 = 15°54.600'S by 05°38.600'W) and inform them that you are "10 miles off Waypoint No. 1."

- 14.1.2. Call St Helena Radio on Channel 16 when you are in close proximity of Waypoint No 1 and inform them that you are "in close proximity of Waypoint No. 1".
- 14.1.3. Call Governor's Cup Race Control on Channel 06 when in close proximity of Waypoint No. 2 (Waypoint No. 2 = 15°54.00S by 05°42.00W) and inform them that you are in close proximity of Waypoint No. 2. Stay in contact until after finishing, so that the boat's identity and finishing time may be confirmed.
- 14.2. The skipper of each boat shall record the date and time of finishing on his declaration form and lodge it with the St Helena Race Representative as soon as reasonably possible after crossing the finishing line.
- 14.3. The official finishing time of any boat shall be as recorded by the Race Officer.
- 14.4. When finishing between sunset and sunrise, boats shall illuminate their sail numbers with a torch, spotlight or some other means, so that they may be identified by the finishing bridge crew.

15. Declaration

A declaration in the prescribed form confirming compliance with the rules of the race must be lodged with the race representative on St Helena (Hannah Herne), or her nominee, at the St Helena Yacht Club as soon as reasonably possible after finishing.

16. Protests

- 16.1. Protests may be written on plain paper, but protest forms will be available at the Race Office. Protests and requests for redress or reopening shall be delivered there before the appropriate time limit.
- 16.2. The protest time limit is 3 hours after the protesting boat finishes, provided that if a boat finishes after sunset, the protest must be lodged within 1 (one) hour of the crew having been cleared by Immigration to come ashore.
- 16.3. Notice to inform competitors of hearings after the race in which they are parties or named as witnesses will be posted no later than (a) 1 hour after the protest time limit of the last boat to finish the race, or (b) 08h00 on the following morning if the last boat finishes after 18h00.
- 16.4. Earlier hearings, prior to the last boat finishing, may be scheduled by the Protest Secretary in consultation with the parties concerned and subject to availability of the Protest Committee.
- 16.5. The notification of a protest by the Race, Technical, or Protest Committee against a boat as required under RRS 61.1(b) & (c) shall consist of a notice on the Official Notice Board.
- 16.6. Hearings will be held in the protest room located as described on the Official Notice Board. For hearings after the race, the Protest Committee will be located in South Africa with a Skype link to the protest room, and the parties and their witnesses will be under the direction of the Protest Secretary.

17. Alternative Penalties

17.1. For breaches of certain rules the standard penalties below may be applied by the Race Committee without a hearing. This changes RRS 63.1 and A5.

17.2. For breaches of rules in the RRS which do not result in injury or serious damage, and for breaches of rules in the Notice of Race or Sailing Instructions for which no standard penalty is specified, the Protest Committee may, at their discretion, impose a time penalty in lieu of disqualification.

17.3. Standard penalties to be applied to a boat's elapsed times:

17.3.1. A breach of a rule in RRS Part 2, or RRS 31, for which no penalty was taken and which did not result in injury or serious damage:

Acknowledged in declaration form	30 minutes
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Acknowledged after declaration form submitted	60 minutes
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17.3.2. Failure to respond to a recall 30 minutes

17.3.3. Late starters failing to keep clear 15 minutes

17.3.4. Submission of incorrect information to Race Committee up to 5% of rating

Notice of Race

17.3.5. Late submission of Rating Certificates 30 minutes

17.3.6. Failure to comply fully with scrutiny 60 minutes

17.3.7. Late submission of crew lists 30 minutes

Sailing Instructions

17.3.8. Non-attendance at pre-race briefing 30 minutes

17.3.9. Failure to comply with tracker rules as per SI 6 15 minutes / day

17.3.10. Failure to report daily position as per SI 12 15 minutes / day

17.3.11. Failure to comply with radio procedure at finish 30 minutes

17.3.12. Late submission of Declaration Form 30 minutes

18. Boats retiring from the Race

Any boat retiring from the race or arriving after the time limit shall report such fact to the Race Committee as soon as possible by whatever means possible and until arrival at its destination port, is requested to communicate its daily position to the Race Office.

19. Prizes

19.1. Prizes will be awarded as follows:

19.1.1. To the first five finishers on corrected time in the monohull fleet;

19.1.2. To the first finisher on corrected time in the multihull fleet;

19.1.3. To the first boat of either fleet to finish on actual time after any time Penalties applied.

19.2. The Governor's Cup will be awarded to the winner on corrected time in the monohull fleet.

We have been informed that all persons arriving at St Helena are required to provide the following documents on arrival:

- A completed Harbour Masters Declaration (copy attached);
- A completed Customs Declaration - Form E - (copy attached);
- A completed yacht Arrival Declaration (copy attached);
- A valid passport which will remain valid for 6 months after their intended departure date;
- Medical insurance policy to the value of £250,000 (with medical evacuation cover);
- A return ticket, unless sailing on from St Helena; and
- Evidence of pre-arranged accommodation, unless staying on boat.

There is a landing fee payable of £20.00 per person.

Attachments:

Annexure A: Information relating to mooring fields, etc. (see para. 13.3).

Declaration Form (see paras. 14.2 and 15).

Harbour Masters Declaration

St Helena Customs Declaration (Form E).

St Helena Yacht Arrival Declaration.

ANNEXURE A

If approaching from the EAST stay well clear of the chartered moorings and anchoring areas as there will be unmarked/unlit boats and buoys.

The mooring field is located on the WEST side of James Bay. Coordinates are as follows:

015 degrees, 55'. 400 South and 005 degrees, 43'. 500 West

YELLOW BUOYS: maximum weight 20tons, maximum length 50ft

RED BUOYS: maximum weight 50tons, maximum length 60ft

Any vessel above 50tons or 60ft in length must use their own anchor and anchor within the vicinity of the yacht moorings.

All crew must please remain on board the vessel and the Official Boarding Party will come to you.

Port Control working hours are Mon - Fri, 0830hrs - 1600hrs.

Port Control operate on VHF Radio channel 14.

St Helena radio is on VHF channel 16, they operate 24/7, please contact them when in range, approximately 40nm.

If you require any further assistance, please do not hesitate to contact Port Control during normal working hours. If you need assistance outside of normal working hours you can contact St Helena radio on VHF channel 16 who will then contact the Port Control on call staff.

Buoy allocation here.

Below is a diagram of the moorings:

(West) 02 03 04 05 06 07 08 09 (East, Seaward)

(West) 11 12 13 14 15 16 17 18 (East, Buoys 12 to 16 are Red)

(West) 19 20 21 22 23 24 25 (East, this row is closest to the Island)

Directions for securing to mooring buoy, you will find a small 8mm loop line, tie your mooring line to the loop line and then pull the loop line, this will thread your mooring line through the ring on the buoy and back to your yacht, do not use the 8mm loop line as a mooring line. I apologise in advance if some of the loop lines are missing as they sometimes get entangled and then gets cut away.

COMPLIANCE DECLARATION – Cape To St Helena 2018

This form must be completed, signed and handed in as directed in paragraphs 14.2 and 15 of the Sailing Instructions and must be lodged with the St Helena Race Representative as soon as reasonably possible after crossing the finishing line.

I the undersigned declare that, during the abovementioned race, I was the skipper in charge of the yacht

While sailing the above race and that during the race (delete “a” or “b” as appropriate)

- (a) all Rules, Regulations and Sailing Instructions were observed and adhered to.
- (b) all Rules, Regulations and Sailing Instructions were observed and adhered to, except for the following:

.....

The following is the yacht's finishing time (SAST) (i.e. Universal Time plus 2 hours)

	Date	Hrs	Min	Sec	Nearest yacht ahead & astern
Finish Line					

Signed:(Skipper)

Office Use

Received: Date: Time: Signature:



St Helena Government
PORTS (ST HELENA) ORDINANCE 2016
Section 5 Declaration
Harbour Masters Declaration

To: *The Master/Captain of the Ship/Yacht*

Sir, you are hereby required to fill in the following declaration.

NAME OF COMMANDER: _____

NAME OF VESSEL: _____

NATIONALITY OF VESSEL: _____

PORT OF REGISTRATION: _____

REGISTERED NUMBER: _____

TYPE OF VESSEL: _____

NET TONNAGE OF VESSEL: _____

DATE OF ARRIVAL: _____

TIME OF ARRIVAL: _____

HAVE YOU HAD CLEARENCE FROM LAST PORT OF CALL: _____

HAVE YOU PROOF OF OWNERSHIP OF VESSEL: _____

NUMBER OF OFFICERS AND CREW IN: _____ OUT: _____

NUMBER OF PASSENGERS IN: _____ OUT: _____

LAST PORT OF CALL: _____

DATE OF DEPARTURE FROM LAST PORT: _____

DATE CLEARENCE REQUESTED: _____

INTENDED DEPARTURE DATE: _____ TIME: _____

TO WHAT PORT ARE YOU BOUND: _____

I solemnly swear that to the best of my knowledge and belief, I have answered the foregoing questions fully and accurately.

Master _____ Date: _____

*Any person who without reasonable cause fails to obey any such order, of the Harbour Master or who fails to make such declaration when requested, or makes any declaration he knows to be false, is guilty of an offence.
Ports (St Helena) Ordinance 2016*

SECTION B -VISITORS

VISITORS / PERSONS NOT HOLDING ST. HELENIAN STATUS ONLY

14. Please tick one:

1. Visitor or temporary entrant seeking short-term entry permit - Departure date (dd/mm/yyyy):.....
2. Holder of Long Term Entry Permit (please show your Long Term Entry Permit)
3. Exempt from the requirement to hold an entry permit as a St. Helena Government employee or their dependant, the dependant of a St. Helenian, or otherwise exempt from the need to hold an Entry Permit

15. (please tick as relevant):

- I have adequate means to provide for my own (and my dependants') accommodation, food & clothing for the duration of my stay on St. Helena.
- I have adequate means to pay for my own (and my dependants') health and welfare including medical evacuation
- I have a return ticket to my country of origin (including dependants) or adequate means to repatriate to place of domicile me and any dependants.
- I do not have any outstanding fines or unspent criminal convictions in any country. Please specify all outstanding fines or unspent convictions if you have any here: (If in doubt please declare)

.....
You may be asked to provide evidence in support of the statements above.

16. Signature

17. Date (dd/mm/yyyy)

ALL ARRIVALS



CUSTOMS DECLARATION

Every passenger or head of family **MUST** complete a Customs Declaration Form when entering St Helena.

You may use this form only where you have no dutiable or restricted goods and you do not have cash in excess of the prescribed amount. In all other cases, please complete a full declaration form which may be obtained from a Customs Officer. It is a criminal offence to make a false declaration.

- I do not have any goods to declare in excess of my customs allowance and/or cash in excess of £6,000 or equivalent (If in doubt please declare).

Signature

Date (dd/mm/yyyy)

Yacht Arrival Declaration

1. Name of Yacht (Please Print)	
2. Port of Registry:	
3. Number of persons on board:	4. Name of Owner:
5. Last Port of Call:	
6. Date of departure from last port:	
7. Propose length of stay:	
9. Next Port of call	
10. Date & time of arrival	11. Date of departure
12. Declaration: <i>I declare that, to the best of my knowledge, all particulars supplied by me are correct and complete.</i>	
13. Name & Signature of Master	14. Date (dd/mm/yyyy)